

CERTIFICATE OF PARTICIPATION

This is to certify that

Henk Appelo

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

TIME 01:31:18

PACE 07:00/km

GENDER 25 of 93

OVERALL 28 of 140

OPEN 14 of 47

22 July 2018, Sun

Date



BoutTime

Signature

